



Aftree-Oord  
Retirement Village

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## **RULES RESTRICTIONS**

The following is important:

28 June 2022

The safety of our Residents, Personnel and Visitors is important to us. Our joint and individual actions determine how viral transfer is controlled.:

### *Wearing masks when*

- Entering the Frail Care Unit
- Providing services in residential units.
- Having direct contact with a resident.
- Preparing and serving meals.
- Thank you for being thoughtful and wearing your mask in other indoor areas.

### *Sanitising hands regularly*

- When entering the building
- When using the bathroom
- After contact with others

### *Maintain safe social distance*

### *Vaccination*

- Is still compulsory for all staff and service providers.
- Is still recommended and preferred for all residents,
- Is still recommended and preferred for all visitors.

## **Right of admission reserved**

### **CONTROL OF VISITORS:**

- Drivers of vehicles must present for scanning a valid driver's license.
- Pedestrians must present for scanning a valid Identity document
- Only persons that have completed the application, submitted, and have received valid visitors card will be allowed to enter the premises.
- This card must be presented when you arrive at the gate or access will be denied.
- All passengers in the vehicle must present a valid visitors card.
- It is essential that correct ventilation is maintained in the unit and specifically when visits are taking place, windows and doors are to be kept open.

- We also request that visitors do not move around on the premises unnecessarily and that you use the shortest way to and from the unit
- In the event of an emergency special visitation will be arranged, and the sister of the ward will make the necessary arrangements with the gate to ensure that there is no confusion.
- The rule of only two visitor per resident will be allowed in the unit at any given time.
- No visitors will be allowed outside the prescribed hours. i.e.,
  - Frail Care 10:00 – 11:30 and 15:00 - 16:30 and 19:00 – 20:00
  - Flats 05H30 – 12H30 and 15H30 – 20H00
- Visitors **can** purchase a **disposable mask @ R 2,00** at the gate. We request that the correct amount is paid, the staff will not have change. The correct amount must be thrown into the container supplied at the gate and then the **disposable mask** will be issued.
- The correct use of the equipment is mandatory, and the equipment may not be shared with others.
- A container is placed at the gate in which all used PPE should be discarded when you exit.
- Deliveries must be made at the main entrance gate and the parcels may not directly change hands. The person delivering disinfects his/her hands and puts the parcel down, you disinfect your hands before you take it.
- Visitors are allowed to socialise in the garden and arrange to meet residents there.
- The service lift behind the kitchen must not be used by visitors, it is important that we also limit contact with staff.
- All visitors to the D-Block, E-Block and Clinic must please use the entrance at the Herfsmed Clinic and move from there to the various points. The sisters of D3 and D4 will make the necessary arrangements for locked doors to be opened for you, during visiting times.
- The visitors to the A-Block will enter at the main entrance and use the lift next to the main dining room. Visitors must also continuously ensure that they avoid contact with other residents, visitors, and staff.
- In the case of serious illness, the sister of the ward/ consulting room will make the necessary arrangements with the family and the security gate.

**Please note that should we not adhere to the rules as explained in this document, it may result in withdrawal of the visitor's card and future access will be denied.**

### **RESIDENTS WHO CAN GO OUT.**

- The Sister of the ward or Ina/Aloma will judge whether a resident can go out.
- Residents may sleep out or go on holiday provided that the necessary permissions have been granted and upon return the resident will be monitored 2 x per day for 3 days and should symptoms arise the nursing staff will discuss and inform the resident of the necessary protocol.
- If it comes to our attention that a resident does not adhere to the necessary measures or that they may have had contact with people who are positive, they will be quarantined.

**IF WE DO NOT OBEY THE MEASURES, WE PUT NOT ONLY OURSELVES AT RISK, BUT ALSO OTHERS WHO ARE HIGH RISK CASES.**

**WE WOULD LIKE TO THANK YOU ALL FOR YOUR COOPERATION.**

